

## **Are you pursuing a career as a Clinical Psychologist, Counseling Psychologist, or other Mental Health and Health & Well-being professional?**

### UT Psychology Coursework to Prepare for Graduate School in Applied Areas

Specific knowledge competencies for students interested in clinical psychology and helping professions like counseling, occupational therapy, speech therapy, social work, public policy, or other related fields include the following:

- Foundational knowledge in discipline of psychology and applied psychology include:
  - Introduction to Psychology (301)
  - Psychopathology (352P; formerly called *Abnormal Psychology* 352)
  - Intro to Clinical Psychology (364)
  - Multicultural Psychotherapy (364T)
  - History and Systems of Psychology (341K-15; *rarely taught*)
- Foundational knowledge across psychological sciences include:
  - **Affective Bases of Behavior:** Emotion (365E), Positive Psychology and the Good Life (364P)
  - **Biological Bases of Behavior:** Biological Psychology (308), Biological Clocks and Behavior (332T), Psychology and Neuroscience of Sleep (332S), Ethics, Genetics, and the Brain (332E), Substance Abuse (343K; *rarely taught*), Individual Differences (345), Mental Illness and the Brain (364M)
  - **Cognitive Bases of Behavior:** Perception (323), Cognition (355), Psychology of Language (337), and Learning and Memory (371)
  - **Developmental Psychology:** Developmental Psychology (333D), Behavior Problems of Children (339), Childhood Trauma and Adversity (341K)
  - **Social Psychology:** Introduction to Social Psychology (319K), Advanced Social Psychology (365L), Behavioral Science, Equity, and Inclusion (365D)
- Foundational knowledge in psychological research and data science include:
  - Introductory Statistics: 317L
  - Advanced Statistics and Research Methods: 420M
    - *Additional advanced data science opportunities available if interested:* Psychological Data Science Foundations I and II (371E, 371F), Introduction to Machine Learning (371M), Ethics in Data Science and Affective Computing (341K), and more.
  - Upper-division coursework developing skills in scientific communication and reasoning, like those carrying **UGS Flags for quantitative reasoning, writing, ethics, and independent inquiry**
    - Example courses carrying multiple flags: PSY 332E, 332T, 458, 364M, 365L, 371 courses, and more.

***Learn more about this resource and preparing for Clinical Psychology graduate programs:***  
<https://cudcp.org/Predoctoral-Competencies>

## ***Research Competencies***

Clinical Psychology programs and those of other helping professions expect students to be able to generate scientific and professional knowledge and skills to further psychological science and practice. One of the best ways to develop the required research competencies for graduate study is by directly engaging in research experiences. Research experiences can include any of the following:

- Supervised research experience with an undergraduate faculty member(s)
- An honors thesis
- A post-baccalaureate research assistant or coordinator position
- Supervised research experience with faculty member(s)
  - **Find a mentor and sign up to be a research assistant for course credit ([Psy 357](#)) or as a volunteer research assistant**

## ***Additional Competencies***

Programs typically seek students who will begin graduate school ready to develop the knowledge, skills, and values to serve a diverse public in research and clinical practice. For example, [CUDCP](#) programs are likely to be most interested in applicants who demonstrate the following competencies:

- **Commitment to diversity, equity, inclusion, and social justice.**
- Awareness of, and commitment to addressing the potential impact of one's own beliefs, values, and personal and cultural biases on clients, peers, faculty, allied professionals, the public, and individuals from diverse backgrounds or histories.
- Openness to exploring, reflecting, and acting upon concerns related to diversity, equity, inclusion, and social justice.

Applicants can obtain competencies to serve a diverse public in multiple ways. For example, participation in community organizations that serve diverse populations, involvement in advocacy, or engagement in social justice activities are just a few examples of how students can develop competencies in this area.

- Strongly recommended UT Psychology coursework to support this competency:
  - **Multicultural Psychotherapy (364T)**
  - **Behavioral Science, Equity, and Inclusion (365D)**

## ***Questions about your career path?***

- Reach out to your [UT Psychology academic advisor](#) for guidance
- Share your interests with your UT Psychology course faculty
- Visit [Liberal Arts Career Services](#) for career coaching

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